## Zucchini Pizza Bites Invest In Your Health

## **Ingredients:**

- $\rightarrow$  1 large zucchini
- $\rightarrow$  Olive oil spray
- $\rightarrow$  Salt and pepper
- $\rightarrow$  Jar of marinara sauce
- $\rightarrow$  low-fat mozzarella cheese

## **Directions:**

- 1. Cut zucchini ¼ inch thick
- 2. Spray both sides lightly with olive oil and season with salt and pepper.
- 3. Broil or grill for 2 minutes on each side.
- 4. Top with sauce and cheese, broil for 2 more minutes.

Fresh produce can be purchased from VanAntwerp's Farm Market, Biltz Greenhouses, Wilson Farm and Posey and Pumpkin.



Created by Jenna McClean, the Registered Dietitian and Health Coach from the Health and Wellness Center. To schedule an appointment call **317.963.2035**